

LEAH

Theory of
Change

Introduction

The Problem

LEAH recognises that language barriers prevent people from accessing society and the systems they need. These could include healthcare, mental health services, supporting their children in school and finding or progressing in work. This results in people being excluded and isolated despite the desire to belong.



We believe that learning the English language helps people with limited English to live more fulfilling lives.

What is causing the problem?

**People whose first language is not English are diverse and have unique needs.
A one solution fits all DOES NOT work.**

Examples of causes:

- A lack of formal education and literacy, often linked to low levels of confidence
- Physical and mental ill health, particularly for refugees and asylum seekers experiencing trauma, and possible undeclared or undiagnosed learning difficulties, affecting learners' readiness and ability to learn
- A lack of opportunity to practise English outside the classroom
- Caring responsibilities are a barrier to participation in learning and regular attendance. This is especially true for women who tend to take on childcare duties
- Irregular and insecure employment affecting the ability to participate regularly in learning



LEAH recognises:

- There is global inequality in the recognition of dominant languages
- There is a national accessibility issue - official sites are often not written for those that need to read them
- Often decision makers lack the knowledge that there are significant limiting factors that prevent a non-English speaker in accessing mainstream education
- There is a lack of investment in tackling this language barrier



Vision



Inclusion through language



Mission



Through personalised language support LEAH empowers people whose first language is not English to communicate independently in areas of health, wellbeing, education and work





Values



Learn

Always open to new ideas and continually improving



Person centred

Meeting individual needs and tailoring solutions



Empower

Transformative change through action



Collaborate

Stronger together to find ways forward



LEAH's target audience:

Adults whose first language is not English and face barriers that prevent them from accessing formal education courses.

LEAH's Impact Goal



The systemic barrier of unequal language support is removed so all people excluded by language and disadvantaged through barriers to accessing mainstream education are treated equitably in society.

The mechanisms by which we engage with our clients are personliased one to one language support, small group classes and social integration outings.



Across these services LEAH:

- Runs a 'professional talks/presentation series' delivered by specialists from local services
- Embeds 'amplifying client voice' work to improve awareness of the issues faced by people with limited English in other organisations so their needs are considered in service and strategy design
- Makes wider service referrals to other support agencies

Short Term Outcomes

Able to hold a short conversation

Better able to support children

Increased confidence of digital technology

Knows about and can access local services

Able to give personal details clearly

Knows about local health wellbeing provision

Feels less isolated



Knowshow and when to access health/wellbing services

Knows about healthy living including mental health and wellbeing

Able to use the phone to access health and other services

Shows an improvement in wellbeing

Shows improvement in speaking

Shows improvement in listening

Shows improvement in reading

Shows improvement in writing

Medium Term Outcomes

Improved confidence

Improved social
knowledge and inclusion

Improved wellbeing,
knowledge of and ability
to access health and
wellbeing provision



Improved English language skills

Improved progression opportunities:

- Into a LEAH course
- Into a local community class
- Enrolled on a further education course
- Volunteering
- Employment

Long Term Outcomes



Can communicate independently in the areas of health, wellbeing, education and work

- Health & wellbeing equality
- Education equality
- Employment equality



info@leah.org.uk
020 8255 6144